

The Charlottesville Cooking School LLC

2041 Barracks Road
Meadowbrook Shopping Centre
Charlottesville, VA 22903



Exploring, Preserving and Celebrating the Culinary Arts

To see our schedule and to sign up go to our web site:
www.charlottesvillecookingschool.com

BAKED SWEET POTATOES

(by Martha Stafford, owner and instructor)

*Choose Sweet Potatoes of Similar Size

Preheat the oven to 400°. Cover a baking sheet with foil. Scrub the potatoes and rub with vegetable oil. Poke several holes in them with a paring knife. Place them on the baking sheet and bake for 1 hour.

Delicious plain and sliced or split down the middle and drizzled with melted butter. For even more flavor after the butter has melted let it “cook” a little longer until it has browned slightly and then drizzle that on the potatoes.